



Dance & Musical Theater Class Descriptions Spring 2010 (Dancercise classes on other side)

Dance Classes with Gina Mayer—Classes start March 15th & 17th

Jazz / Hip Hop / Tap Mondays 4:30-5:30 pm 5-7 years
Growing dancers will experience the upbeat and energetic style of jazz and hip hop as well as the exciting rhythms of tap. Proper terms for dance steps will be taught as well as body awareness to improve posture, strength and flexibility. Students will gain poise and confidence as they leap and spin! Jazz, tap shoes and comfortable clothing are required.

Tap Mondays 5:30 – 6:00 8-12 years
Come learn the exciting rhythms performed to enjoyable music. Students will be amazed how fun this classic American dance form can be! These students can perform at the Mall of America at National Tap Day in the Spring. Tap shoes required.

Jazz / Hip Hop Mondays 6:00-7:00 8-12 years
Get into the Groove! Students will learn jazz and hip hop steps to fun and upbeat music. Come learn to leap, turn and shine. This class is not only fun but will improve posture, strength and flexibility in a positive and self-esteem building atmosphere. Jazz shoes and comfortable clothing are required.

Wish Upon a Ballet Wednesdays 4:30-5:15 3-5 years
Wish upon a Ballet is a dance program for children that incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun!



Creative/ Jazz/ Tap Wednesday 5:15-5:45 3-5 years
We can't stop the beat! Young dancers will jump and jive to fun songs while learning about jazz and tap dancing. An introduction to the movements and vocabulary of these disciplines are taught with the help of musical instruments, parachutes and scarves. Let's skip, leap, jump and spin!

9 Week Session \$130
(No Classes Spring Break April 5th—9th)
30 Minute Classes \$80 or \$50 if added onto a 45 or 60 minute class

Musical Theater Classes with Gina Mayer—Classes start March 16th

The Wizard of Oz Tuesdays 4:30-5:30 Ages 5-7
Attention all Wizard of Oz fans! Let's put on a musical! We will learn dialogue and songs from the Wizard of Oz and put them together in a show that will be presented at the end of the session. Everyone will receive solo speaking lines! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to observe a special performance on the final day of class. We're off to see the wizard!



Fame! Tuesdays 5:30-6:30 Ages 8-12
Remember my name! We will learn music and choreography from Fame and put together a show that we will perform on the last day of class. Bring your enthusiasm and get ready to shine! All levels are welcome. Everyone will receive solo speaking lines. Please wear lightweight tennis shoes, ballet slippers, or jazz shoes. Friends and family are invited to observe a special performance at the end of the session.

9 Week Session \$130
(No Classes Spring Break April 5th—9th)

Spring Session—March 15th—May 22nd
Register online at www.KidsDanceNow.com



Dancercise Class Descriptions
Spring 2010
March 15th—May 22nd
 (More dance & musical theater classes listed on other side)



Dancercise® Kids Classes



Each Class Includes: Fitness ★ Jazz ★ Ballet ★ Tap ★ Creative Dance ★ Tumbling

Get up and Get Moving!™ Our imaginations soar as we dance to our exclusive upbeat, award-winning Dancercise® Kids' music. Fun for girls and boys of all ages. Our curriculum is made age appropriate. As the kids get older the lessons become more challenging with added sign language, content and complexity of the movements. **Our focus is FUN!!!!**

Fall Quarter Communication Carnival	Winter Quarter Fitness Fun	Spring Quarter Spotlight On Imagination	Summer Quarter Planet Playground
<ul style="list-style-type: none"> • Foreign Language • Manners • Sign Language 	<ul style="list-style-type: none"> • Nutrition • Healthy Habits • Muscles 	<ul style="list-style-type: none"> • Musical Instruments • Dramatics • Confidence 	<ul style="list-style-type: none"> • Animals • People & Places • Occupations

What is Dancercise?

Learning life skills and having fun through dance! Each month introduces new songs including a fitness number with a muscle of the month, a ballet, a tap, a jazz and a creative movements dance. We also learn a new tumbling skill. There is a lot of material to cover and that keeps little minds active and offers a variety so there is something for everyone! Our monthly units follow a quarterly theme.

Is it “real dance”?

Absolutely! We are learning ballet, tap and jazz, along with bits of other cultural dances as well.

Do we need ballet, tap and jazz dance shoes?

If you have them you are welcome to use them, but they are not required. The comfort of the kids is what matters to us! Some kids do have full dance attire and get quite fancy, other kids like t-shirts. If their favorite thing to wear is their pajamas and cowboy boots then come in that! We want the experience to be fun!

What are the ages?

Our curriculum is designed to be modified for each age group, so kids of all ages and levels are welcome at all times!

Mommy & Me – Ages 2-3 30 minutes	Dancercise Kids – Ages 3-5 45 minutes	Dancercise – Ages 5-7 45 minutes
Mom or Dad, join in with these little ones, as they explore music, movement and dance. Our curriculum is made age-appropriate with creative dance as we introduce modified steps in ballet, tap and jazz. Their cute little dancing feet keep everyone engaged.	Preschoolers get into the groove! We keep class entertaining with a variety of songs with strong positive lessons. Steps in ballet, tap and jazz engage the kids as we learn life skills and dance through new songs and stories each month.	School-age kids jump into the fun! Keeping in tune with the creative Dancercise songs, we are learning more advanced steps in ballet, tap and jazz, while incorporating more sign language. Our self confidence soars as we build strong minds and happy hearts.
Class Times Saturdays 9:15 am	Class Times Thursdays 9:45 am Thursdays 4:30 pm Fridays 9:45 am Saturdays 9:50 am & 10:40am	Class Times Thursdays 5:15 pm Fridays 1:00 pm

\$130 Fitness Fun™ Quarter (9 Week Session)

(No Classes Spring Break April 5th—9th)