



# TessaTime™

Jump into this pre-school playdate with everyone's favorite Dancercise® teacher Tessa! Fire up those imaginations and get creative with the Smarty Pants Posse to figure a way out of the Pickle of the Day!



Time is fun when you're having flies! Tessa invites kids to join her for a playdate, where the simplest things in life are the greatest adventures! Armed with her active imagination and her curious brain, everyday events become entertaining escapades.

In all the excitement, Tessa can get mixed-up. Frequently getting herself into a pickle, she turns to the Smarty Pants Posse, whose ideas and suggestions lead her to the answers. Catchy, original high energy tunes reinforce each show's theme, with subtle lessons in sign language, manners, nutrition and the world around us. Whether cleaning her room or chasing the Manner Monsters away, Tessa keeps kids on their toes through music, dancing and make believe.

**TessaTime: Where kids build Strong Minds and Happy Hearts!**



Tessa Pfeifer is the creator of Dancercise Kids®, a unique dance, fitness and creative movements program for pre-school children. With years of experience teaching and entertaining young children, Tessa's natural connection with kids means that everyone wants a playdate with Tessa.

CONTACT: Simon Wiltshire | ph. 612 799 9150 | e-mail: [simon@tessatime.com](mailto:simon@tessatime.com)

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## Episode 1: "The Lost Ticket"

Tessa is excited to go to a baseball game with her friends, but she can't find her ticket because her room is such a pigsty! Her friends all have good ideas as to where to look, but she just can't find the ticket. Three shares her chore chart with Tessa and, after consideration, Tessa decides to get to work cleaning up her room. She realizes she likes a clean room better than a pigsty AND she finds her lost ticket!



## Episode 2: "Granny's Farm"

Tessa gets invited to go to Granny's Farm! As she gets out her overalls, she realizes they are now too short for her. She starts to wonder, what makes things grow? The Clicks say sunshine and water; the farm animals think it is food, from Oats to Milk. There are so many great ideas to explore, but it is Granny who knows the real answer! It's LOVE that makes things grow!

## Episode 3: "The Stinkin' Sniffles"

Tessa was looking forward to going to a carnival over the weekend, but she woke up with a stuffy nose and the sniffles! How could this happen? Her friends try to do a few things to make her feel better! Three lends Tessa her green blanket, the Clicks bring her tea, but she still isn't feeling very well. Papa Clock says he stays healthy by eating well and getting enough sleep! Tessa takes her friends' healthy advice and the next day Tessa is feeling great and is able to go to the carnival!

## Episode 4: "Pajama Jamorama"

Tessa is planning a pajama party! She has never had one before and isn't sure of all of the things she will need. Three tells her she needs a blanket & pillow. Bump says you need pajamas & slippers. Tick says popcorn is a great snack. Tock says board games are fun to do. Tessa starts to worry that she will forget something and that her party won't be any fun. Papa Clock asks Tessa her favorite thing about a party: Tessa realizes being together with friends is the fun part. And she is right, they have a blast!

## Episode 5: "Manner Monster"

Tessa loves to dress up and get fancy! When she is invited to a fancy dinner party, Three tells Tessa she will need to use her best manners! Tessa tries to think of all of the good manners she has learned, but she is worried she will forget to use them and turn into a Manner Monster! Her friends throw a pretend fancy dinner party to help Tessa use her manners and she realizes using best manners really isn't hard and it is fun to do!

## Episode 6: "Vacation"

Tessa wins a vacation for 2 on a cruise ship! She and Three can't wait to go, but find that getting ready for vacation is hard work! Tick and Tock are very helpful, since they travel all over the world, they have many tips. Tessa & Three think getting ready is so tiring that they will need a vacation from the vacation planning! Tessa worries she will bring the wrong things. Papa Clock asks Tessa if it will matter if she brings the right flip flops. Tessa realizes just being with her friend will be fun. What they will remember is the time spent together.

## Characters

### Tessa

Tessa is everyone's favorite Dancercise® teacher, friend and adventuress. She's fun, energetic and engaging. She's inquisitive and loves the challenge of learning and figuring out the answers to life's riddles. She believes life's greatest lessons are 1. Be a good listener 2. Try your best 3. Have fun!

### Smarty Pants Posse

This brainy bunch of friends is always there to lend helpful advice and help Tessa solve life's little dilemmas.

### Heart & Star

"Heart" and "Star" are walkabout characters. Heart is full of energy: she likes to jump in, get it done and keep it moving! Star likes to take-it-as-it-comes: everything will be OK if you believe in yourself and follow your dreams.

### The Click Family

"Papa Clock" is a grandfather clock. He reminds Tessa of the simple answers in life (think "Wilson" from Home Improvement). His daughter and son-in-law "Tick" & "Tock" (animated clocks) are world travelers. They also offer Tessa advice via video phone from wherever they may be.

### Three

"Three" is Tessa's best friend, a Dalmatian puppy (a walkabout) providing unconditional love and support. She is very sweet and has a green blanket she takes with her everywhere.

### Other Characters

Episodes will feature other characters relevant to the story, including Farmer Joe, Safety Dave, Giggle Bean the Clown and others.

### The Music

Tessa has written and recorded over 100 original kids' songs. Her first official CD release, "Dance It!" was awarded the 2009 Seal Of Approval from The National Parenting Center.

### The Marks

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CONTACT: Simon Wiltshire | ph. 612 799 9150 | e-mail: [simon@tessatime.com](mailto:simon@tessatime.com)

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